Step Forward 2022 Practice Calendar Held at City Gospel Mission 1805 Dalton Ave. Cincinnati Ohio, 45214

Date	Time	Event	Who
Spring running/walking			
Saturday March 5	9:30 AM	In-Training	Participants, all volunteers
Wednesday March 9	6:00 PM	In Training	Participants, all volunteers
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Saturday March 12	9:30 AM	In Training	Participants, all volunteers
Wednesday March 16	6:00 PM	In-Training	Participants, all volunteers
Saturday March 19	9:30 AM	In Training	Participants, all volunteers
Wednesday March 23	6:00 PM	In Training	Participants, all volunteers
Saturday March 26	9:30 AM	In Training	Participants, all volunteers
Wednesday March 30	6:00 PM	In Training	Participants, all volunteers
Saturday April 2	9:30 AM	In Training	Participants, all volunteers
Wednesday April 6	6 00 PM	In Training	Participants, all volunteers
Saturday April 9	9:30 AM	In Training	Participants, all volunteers
Wednesday April 13	6:00 PM	In Training	Participants, all volunteers
Saturday April 16*	9:30 AM	In Training	Participants, all volunteers
Wednesday April 20	6:00 PM	In Training	Participants, all volunteers
Saturday April 23	9:30 AM	In Training- Race Day Instructions, CHEER DAY CELEBRATION	Participants, all volunteers
Wednesday April 27	6:00 PM	In Training	Participants, all volunteers
Friday, April 29	PIG EXPO 12 noon- 7 PM	RACE PACKET PICK UP 12 noon- 7 PM @ Duke Energy Center	THOSE REGISTERED FOR THE FLYING PIG Through Step Forward
SATURDAY April 30	6:00 AM (Races are 7:00 AM and 9:00 AM)	FLYING PIG 5k 10k RACE DAY	ENTIRE TEAM, meet @ P&G, 6 TH AND BROADWAY, DOWNTOWN at 6:00 AM RACE TIMES: 10k @ 7:00 AM 5k @ 9 AM
SUNDAY May 1	6:00 AM (Race is 6:30 AM)	FLYING PIG HALF & Full MARATHON RACE DAY	THOSE REGISTERED FOR THE FULL & HALF MARATHON. MEET AT CORNER OF ELM & 3RD STREET TO PRAY, ENCOURAGE at 6:00 AM. (RACE TIME IS 6:30 AM)
		This schedule is subject to change	