"More About You & Me - 1"

- Read the QUESTIONS FOR WEEK ONE.
- ACTIVITY: Remember that God created earth, us, and all of plants and animals. He gave us good foods to nourish out bodies. He even gave us the sense of taste, smell, and sight so that we can enjoy what we eat. It is important to thank Jesus for feeding us each day. Tell Him "thank you" in a prayer before meals. Say it aloud or say it to yourself...He will always hear you.
- **BIBLE STORY CONNECTION:** Read Exodus 16: 1-35 to see how God made food, called *manna*, fall like rain from the sky to feed His people led by Moses away across a desert to freedom.
- ➤ APPLICATION: WHAT CAN YOU DO? I wonder if God let you know about someone who is hungry. He could use you to help with simple acts of kindness. Leave the last piece for your little brother or sister? Share your lunch with a friend at school? Help your church collect for a food drive in your community? It will help fill hungry tummies, and it will fill you with the joy of Jesus.

Next time you are hungry, try asking God for some food, and give him a little time. He may provide in unexpected ways.

CLOSING PRAYER: Dear Lord, I thank You for caring for me every day. Forgive me when I am ungrateful and grumble about food provided for me. Help me to see other people who are hungry and ways that You want me to help them. Amen.

"More About You & Me - 2"

- Read the QUESTIONS FOR WEEK TWO.
- ACTIVITY: Create a "recipe" to "cook up" a friendship. Instead of foods, use words like "a cup of forgiveness" and "a large dollop of fun."

 Solve this rebus puzzle to find out who your best friend is:





- ▶ BIBLE STORY CONNECTION: Have you ever heard of a shepherd boy in the Bible who ended up killing an "unbeatable" giant with his slingshot? Read 1 Samuel, chapter 20 in the Bible to find out how Jonathan, his best friend, used a secret signal to save David's life years later. Even Jesus had 3 best friends in His "inner circle. Peter was one. Find out who the other two were in Mathew 17:1. Jesus called them "sons of thunder."
- ➤ APPLICATION: WHAT CAN YOU DO? Jesus told His friends that God's most important rule is to "Love the Lord your God with all your heart, soul and mind.' [a] 38 This is the first and most important command. 39 And the second command is like the first: 'Love your neighbor (and your friends) as you love yourself." There is also a saying "You have to be a friend to have a friend." Talk about what that means. How should you solve disputes and disagreements in a friendly way?

CLOSING PRAYER: Dear Lord, thank you for being my friend and always being there for me. Help me to be a better friend to those around me. Amen.

"More About You & Me - 3"

- > Read the **QUESTIONS FOR WEEK THREE**.
- ACTIVITY: Use an emoji chart or draw an emoji that shows how you are feeling right now. Why do you feel that way? How do you think Jesus feels about you right now? Remember that Jesus loves you and wants you to be happy.
- **BIBLE STORY CONNECTION:** Jesus wept in sadness in **John 11: 35-36.** You can find out what made Jesus attack people and upset furniture in righteous anger in Mathew 21:12. But don't miss the good news of Jesus in **John 15: 11.** He wants us to feel joy.
- ➤ APPLICATION: WHAT CAN YOU DO? Bad things happen to all of us at some time. What is important is how we choose to control our reactions. Read James 1: 19-20 to hear how God desires us to react. We should train ourselves to think first before we make matters worse with hurtful words and actions. When we get angry, we often feel justified to hurt others because they hurt us. The problem is that it causes anger and hurt to grow instead of the good that God desires. Ask yourself, "Why is it so hard to solve problems peacefully?" Do you want your anger to control you and make you feel even worse? Instead, pray count to 10 pray again and calmly and gently explain why you feel this way.

CLOSING PRAYER: Jesus, thank You for loving me and crying with me when I am sad. Forgive me when I let anger control me, making things even worse and hurting others and myself. I don't want to make You sad. Please help me control myself. I want to feel Your joy and peace. Amen.

"More About You & Me - 4"

- > Read the QUESTIONS FOR WEEK FOUR.
- ACTIVITY: You can make a church with your hands. Find out how by finding <u>"Here Is the Church" Hand game</u> online.

Here is the church,
Here is the steeple,
Open the doors,
And out come the people.



➤ BIBLE STORY CONNECTION: When Jesus was 12, his parents thought he got lost from them while they were traveling. They looked everywhere for him. Guess where they found him? He stayed behind in a temple, or church, to learn all about God. Read this interesting story in (Luke 2: 41-52).

APPLICATION: WHAT CAN YOU DO? Talk to your parents and either ask a friend to go to your church with your family, or ask to go to church with a friend's family. Afterwards talk about the experience. What did you like? What didn't you like? What did you learn? Attending church is more than a place to learn about God. It is a place where you can find new friends who are trying to live in a better, happier way...God's way.

CLOSING PRAYER: Jesus, I want to hear more about You and I want to hear from You. I want to be a part of a group that follows You and that can teach me how to live a better life. Thank you for churches that reach out to bring people in closer relationship with You.

Amen.

"More About You & Me - 5"

- Read the QUESTIONS FOR WEEK FIVE.
- ACTIVITY: Let's do a Mind Movie. Close your eyes. Now think of a time and place where you feel safe, warm, and secure. Picture yourself there in your mind. What and who do you see? What do you hear? Smell? How do things feel around you? Do you feel loved? Just relax there for a moment before opening your eyes.
- ▶ BIBLE STORY CONNECTION: The best, safest place is in the hands of Jesus. Read Psalm 91: 1-16. The Lord says, "If you love me and truly know who I am, I will rescue you and keep you safe. 15When you are in trouble, call out to me. I will answer and be there to protect and honor you." God wanted us to live in a perfect paradise. But Adam and Eve messed up and were kicked out of the Garden of Eden. We all mess up sometimes you and everyone around you. Jesus wants you to live in a world that is good and safe, and He wants to start with you. He starts by asking you to love Him. Then He asks you to love each other. That can be hard when things don't go your way. Loving someone is putting them before yourself and trying to make them happy.
- APPLICATION: WHAT CAN YOU DO? The best thing to do is to ask God, Jesus, and the Holy Spirit into your life every morning before getting out of bed. Then go through that day thinking of acts of kindness you can do for people around you that will make them happy. You will feel better when others like to be around you.

CLOSING PRAYER: God, thank you for being my place of safety and protection. I do love You. Help me to think more of others and less of myself. Help me make my community a better place to live. Amen.

"More About You & Me - 6"

- Read the QUESTIONS FOR WEEK SIX.
- ACTIVITY: Ask 10 very different people (classmates, family, teacher, neighbor, etc.) if you are a rule breaker or rule follower, and why they think that. Do you find their answers interesting? Do you agree or disagree with them?
- **BIBLE STORY CONNECTION:** In bullying situations, there are three players: 1) the bully; 2) the one bullied; and 3) the witness. There are sad reasons why some like to bully others but none of them are right. There are helpful things a victim of bullying can do. The witness has the biggest responsibility for making things just and right.
 - In Genesis 37, read about what Joseph's brothers do to him when he irritates them with his dreams. Talk about mean! What lesson do the brothers eventually learn? What lesson do you think Joseph learned?
- ➤ APPLICATION: WHAT CAN YOU DO? Bullying behavior is never okay. There is no room for belittling or abusing someone. Scripture calls us to love our enemies and pray for them (Matt. 5:44). Do not try and overcome the evil being done by doing evil in return. Instead, overwhelm your opponents with the goodness and the love of God (Romans 12:21). You never know how your kindness may change their heart.

CLOSING PRAYER: Dear Lord, forgive me when I break Your rules sometimes. I want to obey You. Help me to shine Your love on others. Show me how to help make things right in Your eyes. Help me to pray for my enemies and give me the strength to stand up to them in righteousness.

Amen.

"More About You & Me - 7"

- Read the QUESTIONS FOR WEEK SEVEN.
- ACTIVITY: Use "One-Body Parts Cards" (WK Resource Page] to discuss the gifts and strengths God gave you since birth. How do you use them?
- ➤ BIBLE STORY CONNECTION: (1 Corinthians 12) Read to understand that we all have different spiritual gifts and strengths but that they are all from our same God. We are each a part of the whole "body," each important and in need of the others.
- APPLICATION: WHAT CAN YOU DO? Consider your goals for this school year. Share your God-given gifts to serve others in need. What do you wish you could do better? Ask for help from someone with that strength
- CLOSING PRAYER: Dear Glorious God, thank you for the gifts you have given me. I am sorry that I have been jealous of the gifts you have given others. I want to believe that I am important and valuable to You. Help me use my gifts to serve you better by helping those who suffer and also by honoring others for their gifts. Guide me in asking for help when I need it. I ask in the character of Jesus. Amen.

"More About You & Me - 8"

- > Read the QUESTIONS FOR WEEK EIGHT.
- ACTIVITY: What do you think God looks like? What do you think Jesus looks like? [NOTE to TUTORS: Images of Christ can be found on the Whiz Kids Resource page.] What does the mental picture in your head tell you about God, about Jesus? Use words to describe the character of Jesus. Explain what you think Jesus would do in a given situation.
- ▶ BIBLE STORY CONNECTION: Jesus showed His vast, overwhelming love for us with His sacrifice of suffering a terrible death on the cross in order to save all of His believers forever. In order to better understand the immensity of God's love in sacrificing His son, read the short story, "The Drawbridge Keeper" by Dennis E. Hensley. [TUTORS: this story can be found online on our Whiz Kids Resource Page.] This story is a parable used to illustrate what Jesus God went through for us.
- ➤ APPLICATION: WHAT CAN YOU DO? Get to know Jesus better. Begin hearing the New Testament, 2-3 chapters at a time. Read in your Bible or listen to the 4 Gospels by downloading the "You Version Bible App" on your smart phone or computer. After each session, journal about your new insights into knowing Jesus better.
- CLOSING PRAYER: Jesus God, I don't know how to thank you enough for loving me so much that you were willing to die for me. Your love is glorious and bigger than life. I want live the life you have planned for me. Help me to stay focused on you. Holy Spirit, please guide me. Give me the self-control to say No to temptation and obey You. I love You because You loved me first. Amen.

"More About You & Me - 9"

- Read the QUESTIONS FOR WEEK NINE.
- ACTIVITY: Have you ever read or heard the book, <u>How Full Is Your Bucket?</u>" by Tom Rath and Mary Reckmeyer? Read it or listen to it read on YouTube.
- ▶ BIBLE STORY CONNECTION: Read Jesus's parable of The Good Samaritan in Luke 10: 25 – 37 to find out what it means to love your neighbor.
- APPLICATION: WHAT CAN YOU DO? Secretly do something nice for someone that you know or even maybe for a stranger. Consider creating a stack of nother that say "God loves you" and add a smile. Then secretly leave your note where others who seem sad or frustrated might find it. You will be brightening their day and spreading God's love.

CLOSING PRAYER: Dear Lord, You are so good to me with Your grace and mercy and blessings. I love You with all of my heart, and mind and soul. Help me to love myself as Your treasured child so wonderfully created by You. Help me to shine Your love on others whether I know them or not, whether I like them or not. Open my eyes, ears and hands to see, hear and help when others are hurting. In this way I want to serve You and glorify Your Holy name. I ask in the name of Jesus. Amen.

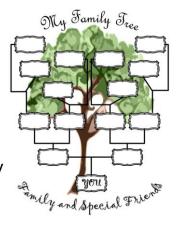
"More About You & Me - 10"

> Read the QUESTIONS FOR WEEK TEN.

ACTIVITY: Draw a tree with a lot of branches. On each branch write the name of family members, special people you treat like family, and beloved any pets. Who on the tree do you think you take after? In what ways? Circle their names.

- ▶ BIBLE STORY CONNECTION: Read about two sisters, Martha and Mary, in Luke 10:38-42. Find out what gifts each one brings to a party at their home. Think about what is most important when you are with family and friends by following this example of Jesus himself.
- APPLICATION: WHAT CAN YOU DO? Spend time with a special person in your life. Do more listening than talking or doing. What is it you like about that person? What has he or she done for you that makes your life better? Tell that person or write him/her a card expressing how thankful you are that he/she is in your life.

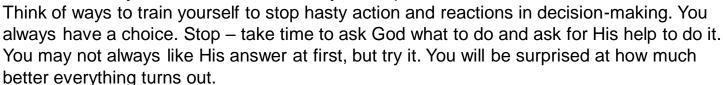
CLOSING PRAYER: Dear Jesus, thank You for putting good people in my life. Thank you for (<u>name of special person</u>) and all of the other people in my life who help to make me and my life better. Help me to see and be more thankful for both the big and little things they do. Thank you, Jesus, for all of the blessings You send my way, especially the ones I don't notice. I love You. I belong to You. Amen.



"More About You & Me - 11"

- Read the QUESTIONS FOR WEEK ELEVEN.
- ACTIVITY: Everyone has hard decisions to make. Each choice may change our future as it develops inner character. Discuss what you think this picture by Mary Engelbriet means. [Picture found on the Whiz Kids Resource Page]
- ➤ BIBLE STORY CONNECTION: After Jesus is baptized, He was tempted by the devil three times. Read **Matthew 4: 1 11 t**o see how sly the devil can be in tempting us with his lies.

APPLICATION: WHAT CAN YOU DO? Proverbs 3:6 says, "Seek God's will in all you do, and He will show you the path to take."



CLOSING PRAYER: Dear Father God, I love You and I know You love me. I am so sorry when I choose to do the wrong thing. Sometimes I am weak and it is so hard to resist. I ask for your forgiveness. Please give me the strength and wisdom to focus on You and make the right choice. I ask this in the name of Jesus. Amen.

"More About You & Me - 12"

- Read the QUESTIONS FOR WEEK TWELVE.
- ACTIVITY: A guide for talking with God is the anagram P.R.A.Y = Praise God; Repent/ask for forgiveness for anything you feel bad about doing, saying, or thinking; Ask specifically for what you want or hope; Yield to God's way even if it's not yours since he knows things you do not know.
- ▶ BIBLE STORY CONNECTION: In Luke 11: 1-4, Jesus teaches his disciples the Lord's Prayer. It is scared and ancient. We should not only memorize it, we need to mean it. Never recite it to just show off to others.
- God APPLICATION: WHAT CAN YOU DO? Start a prayer journal. Write what you want to ask or say to God. Every month or two, read over all your prayers and see how God has answered them. Did He answer "Yes," "No," or "Later?"
- CLOSING PRAYER: Our Father who is in heaven, holy is your name. Let Your Kingdom come down to earth so that Your way will be done across all of earth as it is in Heaven. Provide nourishment and our needs today, and forgive us our wrongdoing as we forgive those who do wrong against us. Keep temptation and evil away from us. For all goodness and power and glory are from You now and always. Amen.



"More About You & Me - 13"

- Read the QUESTIONS FOR WEEK THIRTEEN.
- ➤ ACTIVITY: Who would you want sitting around your table at a special occasion? Draw a rectangle and write the names of people you want there. Place each person where they would sit and write that person's favorite food on the table in front of each.
- ▶ BIBLE STORY CONNECTION: Two thousand years ago, roads were dirt and people had the custom of respectfully washing their dirty feet when entering a house. One night Jesus had a dinner with His best friends, His disciples. He humbled Himself and washed each of their feet to show how much He loved them, and as an example of something important. You can read about it in John 13:12.
- APPLICATION: WHAT CAN YOU DO? Ask your parents if you can create personal invitations to a special dinner. Include where it will be held (someone's home; a park) and when (date and time). Also, you can ask someone to bring a favorite dish for which they are "famous." Create decorative table place mats or name cards for the table that day. If a family member cannot attend, let them know how much you appreciate and love them, and that their name card will be at the table to remember them.
- CLOSING PRAYER: Dear Jesus, teach me to be humble. Forgive me when I act arrogant and judge myself better than someone else. We are all loved by You equally. Thank you for Your love. Amen.

"More About You & Me - 14"

Read the QUESTIONS FOR WEEK FOURTEEN.

ACTIVITY: Jesus often taught lessons by telling stories, called parables, that helped others understand His teachings better. There are a lot of Jesus' parables in the Bible. Jesus explained God's tremendous love for us in a parable called "The Prodigal Son" (**Luke 15: 11-32**). Watch "God's Story: Two Sons and a Father" on YouTube and see if this helps you better understand how much God loves you.

- **BIBLE STORY CONNECTION:** In **Matthew 15: 10-14,** you will read a story about a good shepherd who runs after one lost sheep to bring it safely back to the flock. God is our good shepherd who loves each of us individually and happily runs after us to bring us closer to Him and everlasting life.
- Paper. Read one each day and know that God loves you unconditionally and forever. 1John 3:1 ♥ 1 John 4:10 ♥ 1 John 4:16 ♥ 1 John 4:19 ♥ Romans 5:5 Romans 8:38 2 Thessalonians 3:5 ♥ Psalm 36:7 ♥ Psalm 136:2 ♥ Galatians 2:20 Zephaniah 3:17 ♥ Ephesians 2:4

[Tutors: These passages can be found written out online on the WK Resource Page.]

CLOSING PRAYER: Dear Lord, I love You and I trust that You love me. You are my good shepherd. You lead me along the right path, and when I stray, You run after me and forgive me again and again. Thank you for loving me endlessly no matter what. Amen.

"More About You & Me - 15"

- Read the QUESTIONS FOR WEEK FIFTEEN.
- ➤ ACTIVITY: Tutor and student share an interesting or funny story from each of their lives. Briefly write or draw a storyboard with the beginning, middle and end events (good retelling, sequencing, and maybe writing practice).
- **BIBLE STORY CONNECTION:** After student shares a favorite book (or movie from a book), tutor shares one of his/her favorite Bible stories. The tutor can tell and/or read the story directly from a children's Bible.
- APPLICATION: WHAT CAN YOU DO? Find Bible stories in children's version and pass it on. This can be a collection in a book, an online video, or a hard copy document. Ask your student to pick one a week to read/watch. Periodically help the student do a "retell" and discuss what was learned about God or Jesus.

CLOSING PRAYER: Jesus, thank you for authors who can write stories that I can enjoy reading. When I am alone, a good book can be like a friend I can spend time with and go any place in any time, past present and future. Please help me to learn to read even better so that I can read about you. Amen.

"More About You & Me - 16"

- > Read the QUESTIONS FOR WEEK SIXTEEN.
- ACTIVITY: Watch "What Is Faith" video at https://ministry-to-children.com/faith-sermon/.
 Play "What's in the bag?" Discuss TRUST when you cannot see, touch, smell, or hear.
- ▶ BIBLE STORY CONNECTION: (Hebrews 11:29 12:3) Today is about FAITH. Even though we cannot physically see, touch, or hear God, we have faith that He is real. We can see what He has created and done. We can feel Him inside us. We can sometimes hear His whispered nudge. He keeps His promises and never lies. Even in our most difficult times, our faith keeps us going and trusting in God's promises for better things to come. Jesus suffered horribly on the cross for us, but never lost faith and now lives eternally in Heaven. God is real. Talk to Him in prayer and praise. He will hear you. He will never abandon you.
- ➤ APPLICATION: WHAT CAN YOU DO? Ask adults their stories of how God showed up in their life; how do they know God is faithful and worthy of our trust? AND/OR...Go someplace quiet and close your eyes. Get relaxed. Invite Jesus to come and sit with you. Visualize Him sitting with you. Tell Him or ask Him anything. Then listen for a few minutes in silence and see if you hear from Him.

CLOSING PRAYER: Dear Father God in Heaven, Your love and glory is over-whelming. Sometimes it is hard to trust You and have faith in Your perfect plan. Help me to believe in my unbelief. Thank you for being faithful and trustworthy. I love You. Amen.

"More About You & Me - 17"

- Read the QUESTIONS FOR WEEK SEVENTEEN.
- ACTIVITY: Drop a lighted coffee filter into a large glass bottle with a neck and immediately place a balloon partly filled with water over the mouth of the bottle, and the balloon will be sucked into the bottle in about 30 seconds...just like you can be sucked into temptation. Try the same thing again only with a straw sticking out of the bottle. The balloon does not get sucked in. That straw is like God saving you from temptation sucking you in. When you are in a tug-of-war between right and wrong, turn to God. Role play ways you can politely say "NO!"
- ▶ BIBLE STORY CONNECTION: While living in paradise, Adam and Eve disobeyed God when they said yes to the evil snake and ate forbidden fruit. They felt guilt and shame and lost their wonderful life. (Genesis 3: 1-19) It is difficult to say NO to your peer group. Remember that your body is a temple created by God and you must treat it with respect. God is with you in your struggles and will help you fight temptations "He will not allow the temptation to be more than you can stand. When you are tempted, He will show you a way out so that you can endure." (1 Corinthians 10:13)
- APPLICATION: WHAT CAN YOU DO IF TEMPTED? 1) Take your bad thoughts captive and throw them away (2 Corinthians 10:5) "...we take captive every thought to make it obedient to Christ..."; 2) run away from bad things...just leave; 3) focus on the good things that God wants for you; 4) tell somebody what tempts you others knowing will help you be strong.

CLOSING PRAYER: God, thank you for showing your power in a broken world. Thank you for sending a Rescuer, Jesus, who died on the cross for us, and saved us from every wrong choice we make. Amen!

"More About You & Me - 18"

- Read the QUESTIONS FOR WEEK EIGHTEEN.
- ACTIVITY: Both tutor and student make 2 columns on a piece of paper. In one column write things you like to do with others. In the other column, make a list of when you prefer to be alone. Compare lists and see if you are more different or alike.
- ▶ BIBLE STORY CONNECTION: Jesus went away to be alone when a crowd got too big and demanding. At other times he asked close friends to be with him for fun and companionship. Sabbath is the one day a week God made for us to refresh and enjoy His goodness before next week's work. Even God rested on the seventh day. (Genesis 2:3 & Exodus 31: 17)
- ➤ APPLICATION: WHAT CAN YOU DO? Consider Sunday to be your Sabbath. Make a plan for what you need to do before Sunday so you can simply worship God and enjoy the day with things you like to do; not homework, cleaning your room, or washing the dog. Plan fun activities with family and/or friends, family outings, or even nap time.
- CLOSING PRAYER: Hello Jesus God. You are amazing! I praise Your holy name. Help me to find a day each week to rest from work and enjoy all of Your many blessings with my family and friends. Thank you for offering me a day to get refreshed before going back to my work of chores and homework. Amen.

"More About You & Me - 19"

- Read the QUESTIONS FOR WEEK NINETEEN.
- ACTIVITY: What if you know someone who is about to do something you know is wrong. How could you talk him or her out of it? Could you use a story from your own life to make a point? What would Jesus say? How would he say it?
- ▶ BIBLE STORY CONNECTION: (Jonah 1:4) Jonah was asked to do something for God, but Jonah refused. He thought he could hide from God. Wait until you see what God did to change Jonah's mind! It involves a storm at sea that almost sunk a ship and a giant fish.
- PAPPLICATION: WHAT CAN YOU DO? The next time you get into trouble, "self-reflection" about your actions. You may need to calm down first. Then think or talk about what you discovered about your action. You will be more respected for your ability to self-correct. Don't do it just to get out of trouble. In fact, you may get a natural consequence. Accept it as God's way of growing you into a better person.

CLOSING PRAYER: Dear God, thank you for Your patience with my disobedience. Your mercy and grace is incredible. I ask You to forgive me. Holy Spirit, help me to learn to obey my parents, my teachers, and especially You. Amen.

"More About You & Me - 20"

- > Read the QUESTIONS FOR WEEK TWENTY.
- ACTIVITY: Go for a walk and look through a toddler's eyes, What would be a miracle to a toddler that you normally take for granted: a plane overhead that can actually fly; a butterfly; a light you can turn on an off with a knob.. These are only a couple of God's miracles. Look for more
- > BIBLE STORY CONNECTION: First-hand miracles of Jesus:
 - Matthew: 14: 22-43 Mark 4: 35-41 Mark 6: 30-34 John 11: 38-44
- ➤ APPLICATION: WHAT CAN YOU DO? Search key words "miracle healings" to read about real, present-day miracles from God. God performs miracles now and thousands of years ago, but people soon forget and continue to doubt. If you want God to perform a miracle in your life, take these steps:
 - ✓ Simply seek God with open eyes, hearts, and minds.
 - ✓ Pray about what may be blocking miracles in your life.
 - ✓ View miracles as expressions of how much God loves you.
 - ✓ Ask God to guide you to His truth and help your unbelief.
 - ✓ Praise God more through worship.
 - ✓ When God gives you clear signs to follow, take the steps He shows you in trust.
 - ✓ Keep praying and wait patiently for God's perfect timing.
- CLOSING PRAYER: Dear Lord Jesus, You are glorious in Your mysterious ways. Help me to see and believe in Your miracles. I love You and praise You. Amen.