

Step Forward 2020 Practice Calendar

**Exodus Men: Held at City Gospel Mission
1805 Dalton Ave. Cincinnati Ohio, 45214
HTCTC Women: Held on Goethe St.
Cincinnati Ohio, 45202**

| Date | Time | Event | Who |
|---|-------------|------------------------------|---------------------------------|
| 2020 Flying Pig Training | | | |
| Exodus Men: | | | |
| Saturdays (Starting August 22, 2020) | 9:30 AM | In Training Through Race day | Exodus Men/ City Gospel Mission |
| Wednesdays (Starting August 26, 2020) | 6:00 PM | In Training Through Race day | Exodus Men/ City Gospel Mission |
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| HTCTC Women: | | | |
| Saturdays (Starting August 22, 2020) | 7:30 AM | In Training Through Race day | HTCTC Women/ Goethe St. |
| Mondays (Starting August 24, 2020) | 6:00 PM | In Training Through Race Day | HTCTC Women/ Goethe St. |
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| Flying Pig Race Weekend | | | |
| Saturday – October 10, 2020 | 8 AM 10k | 10K Virtual Flying Pig Event | At City Gospel Mission |
| Saturday – October 10, 2020 | 9 AM 5K | 5K Virtual Flying Pig Event | At City Gospel Mission |
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| Half and Full Marathon, contact Dave Pinson | | | |
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This schedule is subject to change