

Important Runner Information

Please fill out both sides completely.

Gender: Male Female

Shirt Size:

Small Medium Large

X Large XX Large

Emergency Contact:

Name _____

Phone _____

Waiver & Signature:

LIABILITY WAIVER AND RACE AGREEMENT. I hereby certify that I have carefully read, understand and agree to the Entry Form and the Terms and Conditions published by the Marathon and City Gospel Mission, including but not limited to information about risk, preparation, medical condition, authorization for assistance, the rules concerning the race, and the waiver and release of all claims. In consideration of the acceptance of my entry and my participation in the Marathon, I, for myself, my heirs and assigns do hereby release The Cincinnati Marathon, Inc., Flying Pig Marathon, City Gospel Mission, Cities of Cincinnati, Covington and Newport, all sponsors, volunteers, Marathon staff, City Gospel Mission Staff, directors, and officers, together with their subsidiaries, successors, heirs, subcontractors, directors, officers, agents, attorneys, and representatives from all claims of liabilities of any kind and character whatsoever arising from my participation in the training, Step Forward Program, Marathon or any of its allied or accompanying events. I consent to the use of my image in photos, video and audio recording, and film, of my participation in all Step Forward or Marathon related events. I understand the Terms and Conditions (available on request or at www.flyingpigmarathon.com). I will not enter and run unless I am medically able and properly trained to do so.

Signature of Applicant

Date

Parent/Guardian Signature for all participants under 18 years of age

Date

Return completed (both sides) portion with payment to: (include "Step Forward" in memo)

City Gospel Mission
Attn: Step Forward Team
1805 Dalton Avenue
Cincinnati, Ohio 45214



**Join the 2018
Journey!
Train. Run. Impact.**



**Join Step Forward and help break
the cycle of addiction while training for
the Flying Pig Marathon races.**



**City Gospel
MISSION**
www.citygospelmission.org



“This was the first time in my life that I saw an entire process through, from start to finish. I couldn’t have done it without this team.” – Carol R., women’s recovery program graduate and former heroin addict.

The goal of the Step Forward experience is to shower participants of addiction recovery at City Gospel Mission with the love of God as they train for and participate in the Flying Pig Marathon. Launched in 2008, Step Forward is a critical component of recovery for the men and women. Step Forward has helped educate participants about the important role of physical fitness during the recovery process.

Relationship-building is a key component in this volunteer-driven experience. Featured in an issue of Runner’s World Magazine, highlighted in the Cincinnati Enquirer and all major Cincinnati news outlets, Step Forward mobilizes volunteers and the running community to come alongside the men and women in recovery to support them during the 3-month training process leading up to the races of the Flying Pig Marathon. You can help transform lives by running or walking side by side with someone in recovery.

As a member of Step Forward, you receive:

- Entry to the Flying Pig with paid fee
- Step Forward team shirt for race day
- Flying Pig goodie bag
- Participation in the 3-month training program
- Three team celebrations
- Personalized City Gospel Mission online fundraising page
- Lots of other goodies throughout training!
- The satisfaction of being a part of helping people overcome their addiction & reach their goals

**Kick-off and training begin March 3, 2018!
Flying Pig Marathon May 5 & 6, 2018**

Registration Form:

Easily Register online at:

citygospelmission.org/step-forward



Sign up for:	Date	Fee
<input type="checkbox"/> 5 K	May 5	\$150
<input type="checkbox"/> 10 K	May 5	\$150
<input type="checkbox"/> Half Marathon	May 6	\$195
<input type="checkbox"/> Full Marathon	May 6	\$205
<input type="checkbox"/> 3-Way Challenge	May 5/6	\$260
<input type="checkbox"/> 4-Way Challenge	May 5/6	\$270

Total \$_____

Name

Address

Date of Birth Age on Race Day Phone

Email (must have an email address to register)

Method of Payment:

- Check enclosed payable to CGM (*includ “Step Forward” in memo*)
- Raise your fee through online fundraising page
- Visa Discover MasterCard Am. Exp.

Credit Card # Exp. Date

Cardholder’s Name (Print) 3-Digit Code

Signature

Return completed form (both sides) with payment by April 1st to:

City Gospel Mission
Attn: Step Forward Team
1805 Dalton Avenue
Cincinnati, Ohio 45214



For more info, visit:
citygospelmission.org/step-forward